

Conference fees (including tea, coffee, lunch and diner in Dar es Salaam) will be as follows

- Tanzanians, member of MEHATA  
Free
- Tanzanians, non-member of MEHATA  
US \$ 50,-
- Delegates from other Low-income countries  
US \$ 100,-
- Delegates from Middle-income countries  
US \$ 500,-
- Delegates from all other countries  
US \$ 750,-

There will be no extra costs for the after-conference in Moshi, Kilimanjaro region Transport within Tanzania can be arranged at cost price Those wishing to take part in the visit to the National Parks from November 8-11 will be given a quotation towards the end of September

Registration can be done through  
Mension Medical refresher  
For further information  
Mension medical refresher,  
Alexander Snijdewind,  
telephone +31(0) 23 542 36 75

Abstracts dealing with  
the conference theme  
"Living with Severe Mental Disorder"  
and Free papers are welcomed.  
Please submit your contribution  
to the conference before September 1<sup>st</sup>  
to the Scientific Committee c/o  
Dr. Rolf Schwarz sch.warz@ziggo.nl



## Conference Schedule

**Monday November 3<sup>rd</sup>**  
First day of Conference

**Tuesday November 4<sup>th</sup>**  
Second day of Conference

**Wednesday November 5<sup>th</sup>**  
Moshi seminar for delegates

**Thursday November 6<sup>th</sup>**  
First Day of Site Visits\*

**Friday November 7<sup>th</sup>**  
Second Day of Site Visits\*

**Saturday November 8<sup>th</sup> –  
Tuesday November 11<sup>th</sup>**  
Visit to National Parks \*

\* Optional booking for National Parks through  
Mension, [info@mension.nl](mailto:info@mension.nl)

s p o r  
verslavingshulp op niveau



# CONFERENCE



"INTERCULTURAL EXCHANGE" PRELIMINARY INVITATION

## LIVING WITH SEVERE MENTAL DISORDER

NOVEMBER 3<sup>RD</sup> AND 4<sup>TH</sup> 2014

DAR ES SALAAM AND MOSHI  
TANZANIA



WORLD PSYCHIATRIC ASSOCIATION  
Transcultural Psychiatry Section



PROGRAM: ROLF SCHWARZ AND  
ALEXANDER SNIJDEWIND

[WWW.DOKTERENINTANZANIA.NL](http://WWW.DOKTERENINTANZANIA.NL)



# TRANSCULTURAL CONFERENCE IN TANZANIA

The aim of this scientific congress is to share knowledge and experience with local mental health workers.

It will take place on November 3<sup>rd</sup> and 4<sup>th</sup> 2014 in Dar es Salaam and from November 5<sup>th</sup> up till November 7<sup>th</sup> up-country. At the end of this week participants will have a thorough understanding of how health care in general, and mental health care in particular, is organized in low-income countries. They will have acquired an insight in health-seeking behaviour of the people making use of these services.

This understanding is important for doctors working with migrants in Western countries. By organizing this meeting in Tanzania we bring the participants to an environment where learning is experience and experiencing enhances knowledge.

**Intercultural exchange between delegates is an important aspect of this meeting.**

An application for CME-points is pending in the Netherlands.

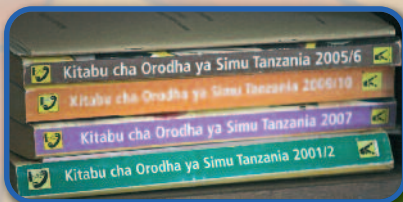
## FOCUS ON MENTAL HEALTH VIII, INTERNATIONAL HEALTH WORKERS EXCHANGE



### GENERAL AND MENTAL HEALTHCARE IN TANZANIA



### TRADITIONAL MEDICINE



### ADDICTION



### SEVERE MENTAL DISORDERS

## LIVING WITH MENTAL DISORDER

The conference program is drawn up by Dr. R.V. Schwarz of Spoor6, the Netherlands, in close cooperation with the Mental Health Association of Tanzania (MEHATA) and the Department of Psychiatry, University of Dar es Salaam. The main topic for 2014 is Severe Mental Disorder. The conference format will promote interaction between participants: plenary sessions, parallel sessions and workshops. There will be ample room for free papers.

In the two days following the main conference participants can take part in site-visits.

After the Dar es Salaam meeting, foreign delegates will proceed by air to Moshi, a small town in the North of Tanzania, but also the capital of Kilimanjaro region.

In Moshi the first day Tanzanian health services, mental health services in particular will be highlighted. The last two days of the conference are dedicated to site-visits. With local guidance participants will visit health facilities, such as dispensaries, health centres and hospitals in and around Moshi. Visits to a school for mentally challenged children, a traditional healer and a rehabilitation village are also included. Every day is wrapped up by a plenary session, where findings are compared. Our Tanzanian guides will be present to provide more information.

Before returning home the foreign delegates can take part in a 4-day visit to the National Parks in Northern Tanzania.

**2 DAY SITE VISIT AND CONSULTATION TO  
REFERRAL, DISTRICT AND MISSION-HOSPITALS,  
HEALTH CENTRES, TRADITIONAL HEALERS,  
SCHOOL FOR THE MENTALLY DISABLED,  
HIV / AIDS PROGRAMME**